

Your Roll No.....

Name of the course : Master of Physical Education (M. P. Ed.)
Paper No. : MPE-0703(xd)
Name of the paper : Game of Specialization: Kabaddi
Semester : I-December-2025
Duration : 3 Hours
Maximum Marks : 50 Marks

INSTRUCTIONS FOR CANDIDATES

Attempt any FIVE questions. All questions carry equal marks

1. How does a video analysis help in the analysis of the skills and techniques of a Sports person? (10)
2. What are the modern trends & developments observed in Kabaddi after Introduced pro-Kabaddi? (10)
3. Prepare a coaching lesson plan on any two offensive Kabaddi skills. (10)
4. Enlist Kabaddi officials and write their duties & responsibilities during Kabaddi match. (10)
5. What is tiebreak in Kabaddi? Enlist latest rules of Pro- Kabaddi and their interpretation in detail. (10)
6. What is warming up? Write down the principles of warming up and cooling down. (10)
7. What are the long terms planning for organization of a Kabaddi tournament? (10)
8. Enlist advance defensive skills and explain any two in detail. (10)